





BCSN Protective Measures for Simulation in the COVID-19 Era





Protective measure	Considerations
<p>Stay informed</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Keep a very strict register of who attends, who is absent, and who goes home sick. <input type="checkbox"/> Be aware of local recommendations and update plans as needed. <input type="checkbox"/> Keep your users and stakeholders aware of your processes, share measures in advance, have them available for review and invite all involved to express their concerns, and work to address them promptly.
<p>Stay home if you have symptoms</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Monitor for symptomatology at the beginning and throughout the day. <input type="checkbox"/> The BCCDC testing criteria contains a description of COVID-19 symptoms and is available here. <input type="checkbox"/> Encourage those with symptoms to get tested, and follow self-quarantine practices pending results. <input type="checkbox"/> Have a low threshold for people to call in or go home sick.
<p>Clean your hands</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> The BCCDC has handwashing information and resources available here. <input type="checkbox"/> A virtual open-source hand hygiene module is available here.
<p>Practice physical distancing</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Maintain 2m physical distance between people, and when this is not feasible, wear PPE as described in local protocols. <input type="checkbox"/> Participants per simulation activity will depend on room size. <input type="checkbox"/> Appreciate that it is often human nature for people to gravitate closer. Model peer-to-peer social distancing reminders and conversations.



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<p>Cover your cough</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Encourage respiratory etiquette, which includes coughing or sneezing into the elbow sleeve, and the proper disposal of tissues. <input type="checkbox"/> Wear PPE as directed by local organizations. <input type="checkbox"/> A virtual, open-source PPE module is available here. <input type="checkbox"/> Appreciate that some participants and team members have unique circumstances that predispose them to increased risks of contracting or transmitting COVID-19.
<p>Make spaces safer</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Provide clear direction on the flow of people in, through, and out of simulation spaces. <input type="checkbox"/> Consider practicing your proposed workflow. <input type="checkbox"/> Assure that locations for congregation allow for social distancing of at least 2m. <input type="checkbox"/> For in centre training do not wear scrubs from patient care areas. <input type="checkbox"/> Hand washing stations must be readily available for use. <input type="checkbox"/> No eating or drinking in the lab or training room. <input type="checkbox"/> Work to increase airflow if possible.
<p>Increase cleaning</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Training equipment and high touch surfaces should be cleaned after use as per protocol. <input type="checkbox"/> Consider engaging your participants in cleaning practices. <input type="checkbox"/> Use checklists for consistency and accountability. <input type="checkbox"/> Assure that administrative spaces are also addressed. <input type="checkbox"/> Decrease or secure objects in rooms to increase ease of cleaning. <input type="checkbox"/> Remove items that may be used and inadvertently shared.
<p>Minimize non-essential travel</p> 	<ul style="list-style-type: none"> <input type="checkbox"/> Explore the use of video recording and streaming technologies to facilitate participants attending without traveling to the simulation location. <input type="checkbox"/> Psychosocial support for individuals is available remotely, through employee assistance programs and the WorkSafeBC website.